

Get Yourself a Cowboy!



Another valuable lesson from the mouth of a horse.

When it all becomes too overwhelming, look for someone to guide you.

A friend once said something very important to me as I tried to cope with my ongoing struggle with my opinionated horse named WANDA. She said, "You don't have to do it alone, you know."

I thought hard about it, the situation and my frustration. Someone suggested I get a Cowboy.

Define Cowboy: fearless, tough, savvy, skilled, irreverent, audacious, stubborn, unyielding, and purposeful. Did I say audacious? Understatement!

What a concept! I had always had an independent streak. But I must admit, having someone who was incapable of being intimidated and who had spent his life developing a knowledge for handling difficult horses was priceless. Why should I reinvent the wheel? When I think about time and its value, having skilled, fearless help, was invaluable.

Fearless is key. Not only do you not need to know everything about everything, but you have to understand that you are probably worried about failing. Get someone who isn't afraid. They will undoubtedly see things differently than you do.

When you are not sure what to do, seek help... Pay attention to how you feel when you consider the idea. If you resist, get over it. Grab some humility and get on with it.